

Hi, D | Sign Out | Help

Upgrade to Safer IE8

Yahoo! Mail



Search [input type="text"] Web Search

HOME U.S. BUSINESS WORLD ENTERTAINMENT SPORTS TECH POLITICS SCIENCE HEALTH OPINION MOST POPULAR

Business Video U.S. Economy Stock Markets Earnings Opinion Personal Finance Press Releases Taxes Marketplace

Search All News News Search

TRENDING NOW: philippine election bobby brown tiger woods oil spill dancing with the stars iran tornadoes philippines election noynoy aquino nba boston celtics elena kagan frank frazetta steve nash philippines lena horne china warren buffett jay-z betty white

AT&T covers 97% of all Americans* so it's possible to talk, text, or go online from almost anywhere. SEE MORE Rethink Possible

WANT TODAY'S BEST STORIES? Follow us on Twitter @YahooNews

Intentional Power Delivers Your Goal to You with Your Story, Your Way



Buzz up! 0 votes Send Share Print

Fri Apr 30, 3:01 am ET

RELATED QUOTES

^DJI	10,804.11	+18.97
^GSPC	1,161.48	+1.75
^IXIC	2,386.57	+11.90



Achieving goals has suddenly become much easier with Intentional Power's positive customized stories that mirror their clients' aspirations. Instead of losing motivation after writing down a goal or affirmation, clients hear the storyteller's therapeutic voice guiding them as they feel the motivation and excitement of seeing their goals become real.

reach their target.

(PRWEB) April 30, 2010 -- Intentional Power has redesigned the PR way their clients think about and realize their goals. Through a unique interview process, clients identify their goals and associated emotions. This information is then transformed into the client's positive real life story, gently guiding them step by step through their intended actions, all the way to their desired outcome.

"It's difficult for people to rein in their thoughts, especially in this age of purposefully overcrowding our schedules and our lives. Our goal is to help ease individual chaos so that our clients can see what they truly want and allow themselves to feel it and believe they can have it," says Debra Hollinrake, expert author and founder & CEO of Intentional Power.

Part of Intentional Power's focus is on breathing. "How often do we do that," asks Debra, "allow ourselves a tiny space of time in a day to feel ourselves breathe?" But this is exactly what Intentional Power does. They help their clients relax into the process instead of pushing themselves to deliver.

(www.intentionalpower.net/testimonials.html): relaxed activity; relaxed thoughts; i.e., feeling good and stress-free, while focusing on their goal. Intentional Power's stories make it crystal clear that each individual goal process is positive, fun, intentional, easier than one would think, and they help their clients feel the reward of their efforts each step of the way.

Intentional Power also offers an audio subscription to weekly positive affirmations (www.intentionalpower.net/productsservices.html#wpa) directly from their web site. Each week they discuss a positive thought and provide tools to incorporate that thought into their subscriber's daily life.

Top Stories
5 dead, dozens injured as tornadoes hit Plains
Oil spill testimony to Congress: Not our fault
Smart girls were the rule at Kagan's high school
White House: VP Joe Biden's son hospitalized
Why 10 states are weighing immigration bills
Afghan girls hit again by suspected gas attack
Report: Strategic mortgage defaults on the rise
More Top Stories >

ADVERTISEMENT
AT&T covers 97% of all Americans* so it's possible to talk, text or go online from almost anywhere. SEE MORE Rethink Possible

sponsored links
Raleigh Painters
Free Forex Basics Guide
Refinance Now at 4.0% Fixed

Featured
Photos: Saving the coast
Video: Beach defense

customers to get a better idea of how their powerful customized method works.

Intentional Power makes it easy to reach your aspirations. Your Story, Your Way – Customized Affirmations for Positive Personal Growth. Take that first step now and join the growing list of satisfied customers fulfilling their dreams.

For more information, or to obtain Intentional Power's free download, "Relax in 4 Minutes," visit www.intentionalpower.net.

###

Intentional Power, LLC

Debra Hollinrake
(877) 262-3296
[E-mail Information](#)

Trackback URL:

<http://prweb.com/pingpr.php/VGhpci1aZXRhLVpldGEtU2luZy1TdW11tLVBpZ2ctWmVybW==>

Related Searches: [positive power](#) [positive thought](#) [positive affirmations](#)

Buzz up! 0 votes | [Send](#) | [Share](#) | [Print](#)

There are no comments yet

Post Comment

[Comment Guidelines](#)

4000 characters remaining

You will be seen as:



D
[Change Photo](#) · [Change Name](#)

UPDATES

An Update about your comment will be shared via Yahoo! Updates. [Manage who sees your Updates](#)

[Post Comment](#) [Clear](#)

More...

- [Business Video: Sell Sirius! Against the Grain](#)
TheStreet.com
- [Business Video: Good Time to Buy Gold](#)
TheStreet.com
- [Business Video: Mad Money Recap: Eldorado Gold](#)
TheStreet.com

Most Viewed - Business

- [Warren Buffett's son preaches values as wealth](#) *Reuters*
- [Spike in disability claims clogs overloaded system](#) *AP*
- [New coverage for young adults will raise premiums](#) *AP*
- [World stocks down as EU deal euphoria fizzles out](#) *AP*
- [Euphoria over euro rescue fades](#) *AP*

[All Most Viewed >](#)

Daily Features

Elsewhere on the Web

- [Time.com: E.U., IMF Set Up \\$950 Billion Fund to Aid Greece, Euro Zone](#)
- [NPR: Toyota Reports \\$1.2B Profit As Sales Recover](#)
- [FOXBusiness: U.S. March Hiring Rises 5.8% To 14-month High](#)

hold back oil.

[» More oil spill videos](#)



Analysis: What went wrong

A containable accident, then suddenly a crisis.

[» More oil spill stories](#)



Topics: Oil spill

Complete coverage includes the latest updates, photos and videos.

[» More Yahoo! News Topics](#)

Education



Move Into Management

See how the right training and education can prepare you for a corner office.



Online MBA Fast Facts

Get the scoop on online business degrees.

Updates

[Manage My Updates](#)

[My Connections](#) [Everyone](#)

Invite your friends to Connect to start sharing things you do on Yahoo! News.

Today



Kphenom buzzed up: Euphoria over euro rescue fades (AP) 7 seconds ago



Sue buzzed up: Senate hearings prompting spill blame game (AP) 8 seconds ago



Good Cook buzzed up: Ash affects flights in Morocco, Turkey, Spain (AP) 26 seconds ago



DonnieS buzzed up: The Final Days of Newsweek? (The Weekly Standard) 27 seconds ago



Matt buzzed up: Manager: Fantasy artist Frazetta, 82, dies in Fla. (AP) 44 seconds ago

Finance

[Get Quotes](#)

MARKET SUMMARY

Symbol	Last	Change	
Dow	10,783.55	-1.59	-0.01%
Nasdaq	2,382.64	+7.97	+0.34%
S&P 500	1,159.61	-0.12	-0.01%
10 Yr Bond(%)	3.5580%		+0.1900
Oil	77.33	+0.53	+0.69%
Gold	1,210.00	+10.90	+0.91%

[Stocks drift after posting biggest gain in a year](#)

[Regulators seek to avoid wireless bill surprises](#)

[Wholesale inventories and sales rise in March](#)

[More from Yahoo! Finance »](#)

ADVERTISEMENT

Substantial Savings. 700+ Trusted Brands

Cabinets Flooring Furniture
Lighting Appliances Electronics

DirectBuy THE HOME IMPROVEMENT & FURNISHINGS CLUB **FREE Visitor's Pass >**

[All Comics »](#)

Opinions & Editorials: [Diverse views on news from the right, left, and center.](#)

[All Opinion »](#)

How is your Credit Report?

Excellent	750-840	😊
Good	660-749	😊
Fair	620-659	😊
Poor	340-619	😊
I Don't Know	???	😊

[Find Out Today!](#) FreeScore.com

[Home](#) | [U.S.](#) | [Business](#) | [World](#) | [Entertainment](#) | [Sports](#) | [Tech](#) | [Politics](#) | [Science](#) | [Health](#) | [Travel](#) | [Most Popular](#) | [Odd News](#) | [Opinion](#)

[NEWS SERVICES](#) [RSS](#) [News Alerts](#) [Weather Alerts](#) [Site Map](#) [Help](#) [Feedback](#)

Copyright © 2010 Yahoo! Inc. All rights reserved. [Questions or Comments](#) [Privacy Policy](#) [About Our Ads](#) [Terms of Service](#) [Copyright/IP Policy](#)